The Hearing Voices Approach
2 Days
This course is the perfect starting place if you are new to the Hearing Voices Approach.

By the end of the 2 days you will have a solid understanding of the hearing voices approach and how to apply it in many practical settings, either for yourself, in your work as a mental health professional or in your family/home environment.

Voice Profiling
1 Day
This course is the natural progression from ‘The Hearing Voices Approach’. Voice profiling is a set of accessible tools and strategies that help build greater awareness and understanding of a person’s voices.

By the end of the day you will have an excellent understanding and practical experience of the ‘Maastricht interview’ and of ‘Mind mapping’.

Group Facilitation for Peer Workers
2 Day
This interactive, practical workshop is ideal for any current or aspiring peer workers wanting to learn how to facilitate recovery based, peer-led support groups.

This course is not specific to hearing voices and could be useful for any peer facilitator who needs an introductory course on how to get started.

Want to Know More?
You can keep in touch with updates on Voices Vic’s Trainings, News and Events and receive Helpful Tips/ Strategies for dealing with distressing voices by signing up to our newsletter at www.unitingprahran.org.au/ourservices/voices-vic

For more information & registration visit our website:
www.unitingprahran.org.au Or call us on: (03) 9692 9500

Please note that dates, training and location are subject to change. Check our website for the latest information.