

# GROUP FACILITATION FOR PEER WORKERS

## 2 Day practical workshop



This interactive, practical workshop is ideal for any current or aspiring peer workers wanting to learn how to facilitate recovery based, peer-led support groups.

This workshop is not specific to hearing voices and would be useful for any peer facilitators who need an introductory workshop to get started.

<b>Date</b>	14th & 15th August 2018
<b>Time</b>	9.30am – 4.30pm daily
<b>Venue</b>	211 Chapel Street, Prahran
<b>Fees</b>	\$500 Full fee \$350 Concession/Student fee We do provide hardship rates please contact Voices Vic to find out more.

Participants will learn the basics about group dynamics and facilitation, concepts and practical skills for support groups, communication skills, self care and the ways in which peer-led groups may be different and similar to other support groups.

There will be opportunities to practice and debrief, while focusing on scenarios that might be expected when working in a group setting

### This workshop is ideal if you:

- Have lived experience of recovery work and/or being a consumer
- Have attended a support group in the past and/or are interested in facilitating groups in the future
- Considering or just starting out in peer work or consumer consultancy
- Are willing to share your own experiences if/when appropriate
- Are keen to explore facilitation skills for peer support groups
- Feel drawn to working with a shared perspective
- Are collaborative and empathetic, believing in the capacity for recovery in each of us



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